

RCPI BST St James's / AMNCH 2015

Tallaght Hospital



Trinity College Dublin



St James's Hospital



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1. INTRODUCTION

Welcome to the RCPI BST St James's / AMNCH scheme! Over the following pages, you will learn about the specialties and rotations available, as well as the training that is on offer at each hospital.

This is an exciting point in your career, with more independence in decision-making, increased responsibility, and ample opportunity to improve your leadership skills. It is also the time where you hone your clinical abilities and consider embarking upon the path of your chosen specialty. During your 2 years on the scheme, there will be lots of training, both for exams and for career planning. Apart from specialty teaching, multidisciplinary meetings and x-ray conferences, there will be Consultant-led beside tutorials for MRCPI exams, formal lectures ('SHOwTime'), weekly Grand Rounds and Medical Update sessions, in addition to opportunities to do some clinical research and submit case presentations for prizes (eg Eoin B Casey Medal). We hope that by the end of your BST training, you will feel confident in your clinical abilities and look forward to higher specialist training in your favourite field of medicine.

Please feel free to approach me or any of the staff in the Post-Graduate Centre if you have any questions. We also welcome feedback and use this information, where possible, to constantly improve our training.

We look forward to meeting you.



Professor Gaye Cunnane,

Director of Post Graduate Education/Regional Director of Basic Specialist Training

2. ABOUT THE PROGRAMME

The Trinity BST Programme is administered by the William Stokes Post Graduate Centre on behalf of St James's Hospital, Tallaght Hospital and Trinity College Dublin. It is the largest and longest established training programme constituting some 117 positions across 11 affiliate hospitals (see below). It is one of 8 national training hubs which support BST training in General Internal Medicine. All two year rotations are compliant with the established RCPI criteria for BST accreditation.

	Hospital	Number of Approved Training Posts
1	St James's Hospital	48
2	Tallaght Hospital	32
3	Tullamore General Hospital	12
4	Naas General Hospital	11
5	Peamount Hospital	4
6	St Luke's Hospital, Kilkenny	2
7	Loughlinstown	1
8	Mullingar	2
9	Wexford General Hospital	1
10	Waterford	1
11	St Luke's Hospital, Rathgar.	1
12	Portlaoise	1
13	Portiuncula	1

3. STRUCTURE OF TRAINING ROTATIONS

In line with BST accreditation requirements, all 2 year training rotations have been structured to consist of a minimum 6 months in a non-metropolitan/affiliate hospital. This occurs within the first year of each BST training rotation. For the remaining 18 months, each trainee will generally be assigned to one of our academic teaching hubs; St James's Hospital or Tallaght Hospital.

All rotations are accredited by the RCPI for the purposes of BST certification and satisfy eligibility for entry on the trainee specialist division of the Irish Medical Council Register. Each 2 year rotation

consists of 8 x 3 month specialty rotations within which you will have exposure to 3 of the 5 following core specialties rotations:-

- Cardiology
- Endocrinology
- Gastroenterology
- Medicine for the Elderly
- Respiratory Medicine

A full outline of all 2 year training rotations is provided at appendix 1.

4. OUR ACADEMIC TEACHING HUBS

4.1 St James's Hospital

Leading the way in health care innovation is something we pride ourselves at St. James's Hospital, Dublin. As the Republic of Ireland's largest teaching hospital with major academic links to Trinity College Dublin, we provide emergency and elective medical and surgical services and employ approximately 4,000 multidisciplinary staff.

The campus accommodates the Trinity's Health Sciences Centre, the National Blood Transfusion Service Board as well as the St. Luke's Radiation Oncology Centre and Trinity/SJH Welcome Clinical Research Centre. We believe this medical campus together with the University of Dublin, Trinity College, Dublin, and planned National Children's Hospital, has the potential to become one of the world's leading exponents of integrated health care, education, public health and translational biomedical research with significant peer influence.

For more information on St James's Hospital, visit our website www.stjames.ie on our range of national, supra-regional and regional specialties/services.

4.1.1 What We Offer

We offer trainees a supportive teaching environment from trainers who have a genuine interest and commitment to post graduate education as follows:-

- **Grand Rounds.** Meeting takes place every Friday morning from 8-9am, offering two 30 –min presentations. This is a cross-speciality meeting at which each hospital team presents once per year, including internal medicine and surgery and their various sub specialities, Radiology, Pathology, Obstetrics and Gynaecology, Psychiatry, Anaesthetics and Intensive Care Medicine.



Peer Review Learning Workshops run by SHOs, for SHOs delivering SHO-appropriate material on pre-selected topics under the supervision of senior team members Registrar/SpR/Consultant from the relevant specialty. **“SHOwtime”** was introduced in July, 2015



“SHOwtime” occurs as a once-monthly evening lecture at which Consultants share their personal experiences and clinical knowledge in an SHO focused session. The programme offers encouragement, guidance and mentorship to SHOs in a relaxed and informal setting.



Medical Update is held on weekly basis on Wednesday at lunchtime with various teams presenting from Rheumatology, Endocrinology, Pharmacology, General Medicine, Genito-Urinary Medicine, Infectious Diseases, Neurology, Medicine for the Elderly and Intensive Care Medicine.



Podcasting is in place for the weekly Grand Rounds and Medical Update programmes and is accessible to all BSTs registered on the Trinity BST Programme through a secure login and password regardless of hospital location.



Additional Benefits:-

- Structured bedside teaching for MRCPI Part 2
- Membership (I & II) Examination Tutorials
- Individual 1:1 Consultant-SHO mentoring
- Weekly scheduled educational events (journal
- Excellent Library and on-line resources
- Annual awards:-
 - William Stokes Lecture
 - Eoin B Casey Award,
 - Medical Teacher of the Year Award,
- ACLS/BLS/ALERT
- Fully EWTD Compliant Medical Rosters
- Active and Progressive NCHD Collaborative Working Group



4.2 Tallaght Hospital

Tallaght Hospital is one of Ireland's Largest Acute Teaching Hospital. The Hospital is part of the Dublin Midlands Hospital Group, which serves a population of over 1.2 million and provides for local, regional and national specialties. We are the National Urology Referral Centre, and one of the largest centres to provide Dialysis Services in the country. We are also a Regional Orthopaedic Trauma Centre.

The Hospital is an academic teaching Hospital associated with Trinity College Dublin, one of the world's leading universities, offering fantastic opportunities for medical doctors to do excellent research. Trinity College Dublin specialises in the training and professional development of staff in the areas of General Medicine, Surgery, Emergency Medicine, amongst many other specialties.

As part of the National Children's Hospital Project a new satellite centre is planned for Tallaght Hospital. This will be a key element in providing an integrated clinical network for Paediatric Services nationally.

For more information on Tallaght Hospital, visit our website www.amnch.ie.

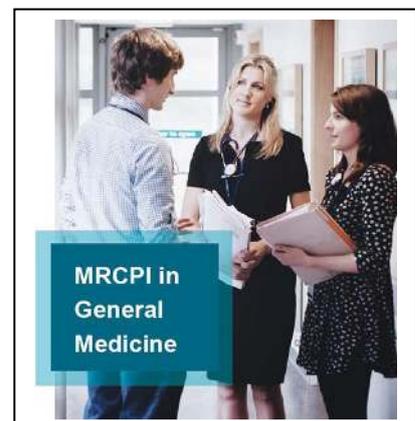
4.2.1 What We Offer

One of only two sites in the country to hold the clinical MRCPI examinations, we offer an excellent programme of pre-exam tutorials delivered by consultants and specialist registrars keen on medical education.

Our consultant staff are leaders in their respective fields, are well represented in RCPI training institutions, and are happy and willing to assist you during this period of training to prepare you for the next step to Registrar or Specialist Registrar appointments in the specialty of your choice.

We'll make sure that you get excellent training, support and exposure in your speciality. In particular, we can offer you:

- Supported Career Development & Training
- Grand Rounds
- Membership (I & II) Examination Tutorials
- Journal Clubs
- In house ACLS Course
- Medical Photography & Illustration Department
- Library Facilities
- Crèche Facilities
- NCHD Orientation Programme
- Active NCHD forum with NCHD lead
- Medical Administration Intranet Site



- 24 hour compliant rotas, working towards full EWTD compliance

5. CONTACT INFORMATION

For further information on RCPI BST James's / AMNCH and/or our opportunities for continuous professional development visit our website www.williamstokespostgrad.ie or contact us directly as follows:-

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Appendix 1 – RCPI BST St James’s / AMNCH July, 2016 to June, 2018

St James's
Hospital

Affiliate
Hospital

	Jul-16	Oct-16	Jan-17	Apr-17	Jul-17	Oct-17	Jan-18	Apr-18
A3	Emergency Medicine 1	GIM Rotator 1	Tullamore Geriatrics	Tullamore Rheumatology	Endocrine 1	Respiratory Medicine 1	Oncology 1	AMAU 1
A4	Tullamore Geriatrics	Tullamore Rheumatology	Emergency Medicine 1	GIM Rotator 1	Oncology 1	AMAU 1	Endocrine 1	Respiratory Medicine 1
B3	GIM Rotator 1	Emergency Medicine 1	Tullamore Cardiology	Tullamore Geriatrics	Respiratory Medicine 1	Endocrine 1	AMAU 1	Oncology 1
B4	Tullamore Cardiology	Tullamore Geriatrics	GIM Rotator 1	Emergency Medicine 1	AMAU 1	Oncology 1	Respiratory Medicine 1	Endocrine 1
C3	Mullingar 2 Gen Medicine	Mullingar 2 Gen Medicine	Neurology	Immunology	Respiratory Medicine 2	Geriatrics 1	Cardiology 1	GIM Rotator 2
C4	Cardiology 1	GIM Rotator 2	Mullingar 2 Gen Medicine	Mullingar 2 Gen Medicine	Neurology	Immunology	Respiratory Medicine 2	Geriatrics 1
D3	Mullingar 1 Gen Medicine	Mullingar 1 Gen Medicine	Immunology	Neurology	Geriatrics 1	Respiratory Medicine 2	GIM Rotator 2	Cardiology 1
D4	GIM Rotator 2	Cardiology 1	Mullingar 1 Gen Medicine	Mullingar 1 Gen Medicine	Immunology	Neurology	Geriatrics 1	Respiratory Medicine 2
E3	Wexford Endocrinology	Wexford Geriatrics	GUIDE 1	Oncology 2	Gastroent. 1	AMAU 2	Haem 1	Rheumatology 1
E4	Haem 1	Rheumatology 1	Wexford Endocrinology	Wexford Geriatrics	GUIDE 1	Oncology 2	Gastro 1	AMAU 2
F3	Naas Respiratory 1	Naas Cardiology 1	Oncology 2	GUIDE 1	AMAU 2	Gastroent 1	Rheumatology 1	Haema 1
F4	Rheumatology 1	Haem 1	Naas Respiratory 1	Naas Cardiology 1	Oncology 2	GUIDE 1	AMAU 2	Gastroent. 1
G3	Portlaoise Endocrine	Portlaoise Gen Medicine	Cardiology 2	Radiotherapy	GIM Rotator 3	Haem 2	Emergency Medicine 2	Geriatrics 2
G4	Cardiology 2	Radiotherapy	Portlaoise Endocrine	Portlaoise GIM	Emergency Medicine 2	Geriatrics 2	GIM Rotator 3	Haem 2

H3	Tullamore Rheumatology	Tullamore Gastroent.	Radiation Oncology 1	Cardiology 2	Haem 2	GIM Rotator 3	Geriatrics 2	Emergency Medicine 2
H4	Radiation Oncology 1	Cardiology 2	Tullamore Rheumatology	Tullamore Gastroent.	Geriatrics 2	Emergency Medicine 2	Haem 2	GIM Rotator 3
I3	Kilkenny Geriatrics	Kilkenny Endocrinology	AMAU 3	Emergency Medicine 3	GUIDE 2	Therapeutics/ GIM 1	Oncology 3	Gastroent.2
I4	AMAU 3	Emergency Medicine 3	Kilkenny Geriatrics	Kilkenny Endocrine	Oncology 3	Gastroent. 2	GUIDE 2	Therapeutics/ GIM 1
J3	Kilkenny Endocrinology	Kilkenny Geriatrics	Emergency Medicine 3	AMAU 3	Therapeutics/ GIM 1	GUIDE 2	Gastroent 2	Oncology 3
J4	Emergency Medicine 3	AMAU 3	Kilkenny Endocrinology	Kilkenny Geriatrics	Gastroent. 2	Oncology 3	Therapeutics/ GIM 1	GUIDE 2
K3	Loughlinstown Endocrine	Loughlinstown Geriatrics	Emergency Medicine 4	Oncology 4	GIM O'Riordan	Nephrology	Cardiology 3	Hepatology/ Gastroent.
K4	Emergency Medicine 4	Oncology 4	Loughlinstown Endocrine	Loughlinstown Geriatrics	Cardiology 3	Hepatology/ Gastroent.	GIM O'Riordan	Nephrology
L3	Tullamore Rheumatology	Tullamore Geriatrics	Oncology 4	Emergency Medicine 4	Nephrology	GIM O'Riordan	Hepatology/ Gastroent	Cardiology 3
L4	Oncology 4	Emergency Medicine 4	Tullamore Rheumatology	Tullamore Geriatrics	Hepatology/ Gastroent.	Cardiology 3	Nephrology	GIM O'Riordan
M3	Endocrine 2	Radiation Oncology 2	Portiuncula Gastroent.	Portiuncula Cardiology	Therapeutics/ GIM 2	Haem 3	GIM Byrne	Geriatrics 3
M4	Portiuncula Gastroent.	Portiuncula Cardiology	Therapeutics/ GIM 2	Haem 3	GIM Byrne	Geriatrics 3	Endocrine 2	Radiation Oncology 2
N3	Radiation Oncology 2	Endocrine 2	Tullamore Gastroent.	Tullamore Renal Medicine	Haematology 3	Therapeutics/ GIM 2	Geriatrics 3	GIM Byrne
N3	Tullamore Gastroent.	Tullamore Renal Medicine	Haem 3	Therapeutics/ GIM 2	Geriatrics 3	GIM Byrne	Radiation Oncology 2	Endocrine 2
O3	Waterford Cardiology	Waterford Endocrine	Rheumatology 2	Respiratory Medicine 3	Geriatrics 4	GIM Rotator 4	Haematology 4	GIM 3
O3	Haematology 4	GIM 3	Waterford Cardiology	Waterford Endocrine	Rheumatology 2	Respiratory Medicine 3	Geriatrics 4	GIM Rotator 4
P3	Tullamore Cardiology	Tullamore Renal Medicine	Respiratory Medicine 3	Rheumatology 2	GIM Rotator 4	Geriatrics 4	GIM 3	Haem 4
P4	GIM 3	Haematology 4	Tullamore Cardiology	Tullamore Renal Medicine	Respiratory Medicine 3	Rheumatology 2	GIM Rotator 4	Geriatrics 4

R3	Tallaght Hospital	R4	Affiliate Hospital
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	July 2016	October 2016	Jan 2017	April 2017	July 2017	Oct 2017	Jan 2018	April 2018
Q3	Peamount GIM	Haem 1	Naas Gastroent.	Naas GIM 1	Geriatrics 1	Respiratory 1	Emergency Medicine 1	Nephrology 1
Q4	Naas Gastro	Naas GIM 1	Peamount GIM	Haematology 1	Emergency Medicine 1	Nephrology 1	Geriatrics 1	Respiratory 1
R3	Haem 1	Peamount GIM	Naas GIM 1	Naas Gastro	Respiratory 1	Geriatrics 1	Nephrology 1	Emergency Medicine 1
R4	Naas GIM 1	Naas Gastro	Haem 1	Peamount GIM	Nephrology 1	Emergency Medicine 1	Respiratory 1	Geriatrics 1
S3	Peamount Respiratory	Emergency Medicine 2	Naas Stroke 1	Naas Respiratory 1	Gastroent 1	Endocrinology	Oncology 1	AMAU 2
S4	Naas Stroke 1	Naas Respiratory 1	Peamount Respiratory	Emergency Medicine 2	Oncology 1	AMAU 2	Gastroent 1	Endocrinology
T3	Emergency Medicine 2	Peamount Respiratory	Naas Cardiology 1	Naas Stroke 1	Endocrinology	Gastroent 1	AMAU 2	Oncology 1
T4	Naas Cardiology 1	Naas Stroke 1	Emergency Medicine 2	Peamount Respiratory	AMAU 2	Oncology 1	Endocrinology	Gastroent 1
U3	Gastroent 2	Haem 2	Tullamore Rheumatology	Tullamore Oncology	Emergency Medicine 3	Cardiology 1	Neurology 1	Respiratory 3
U4	Tullamore Rheumatology	Tullamore Oncology	Gastroent 2	Haematology 2	Neurology 1	Respiratory 3	Emergency Medicine 3	Cardiology 1
V3	Haem 2	Gastroent 2	Tullamore Oncology	Tullamore Geriatrics	Cardiology 1	Emergency Medicine 3	Respiratory 3	Neurology 1
V4	Tullamore Oncology	Tullamore Geriatrics	Haem 2	Gastroent 2	Respiratory 3	Neurology 1	Cardiology 1	Emergency Medicine 3
W3	Neurology 2	Respiratory 2	Naas Cardiology 2	Naas Stroke 2	Nephrology 2	Oncology 2	Emergency Medicine 4	GIM Rotator 1
W4	Naas Cardiology 2	Naas Stroke 2	Neurology 2	Respiratory 2	Emergency Medicine 4	GIM Rotator 1	Nephrology 2	Oncology 2

X3	Respiratory 2	Neurology 2	Naas Stroke 2	Naas Cardiology 2	Oncology 2	Nephrology 2	GIM Rotator 1	Emergency Medicine 4
X4	Naas Stroke 2	Naas Cardiology 2	Respiratory 2	Neurology 2	GIM Rotator 1	Emergency Medicine 4	Oncology 2	Nephrology 2
Y3	Naas GIM 2	Naas ED	Peamount ARHC	St Lukes RadOnc.	Stroke Medicine	AMAU 1	Cardiology 2	Respiratory 4
Y4	Cardiology 2	Respiratory 4	Naas GIM 2	Naas ED	Peamount ARHC	St Lukes RadOnc.	Stroke Medicine	AMAU 1
Z3	Naas ED	Naas GIM 2	St Lukes RadOnc.	Peamount ARHC	AMAU 1	Stroke Medicine	Respiratory Medicine 4	Cardiology 2
Z4	Respiratory 4	Cardiology 2	Naas ED	Naas GIM 2	St Lukes RadOnc.	Peamount ARHC	AMAU 1	Stroke Medicine
AA3	Naas Endocrine	Naas Respiratory 2	Rheumatology	Peamount Neuro Rehab	Gastroent 3	GIM Rotator 2	Emergency Medicine 5	Haem 3
AA4	Emergency Medicine 5	Haem 3	Naas Endo	Naas Respiratory 2	Rheumatology	Peamount Neuro Rehab	Gastroent 3	GIM Rotator 2
BB3	Naas Respiratory 2	Naas Endo	Peamount Neuro Rehab	Rheumatology	GIM Rotator 2	Gastroent 3	Haem 3	Emergency Medicine 5
BB4	Haem 3	Emergency Medicine 5	Naas Respiratory 2	Naas Endo	Peamount Neuro Rehab	Rheumatology	GIM Rotator 2	Gastroent 3